• Infant children get their first teeth from about 4-6 months of age. The use of bottle feeding and pacifiers commonly means that these infants will not develop naturally with up to 90% having underdeveloped jaws, orthodontic problems and possibly sleep disorders.

• The Myochew™ by MRC assists in the eruption of teeth and soothes the irritation this eruption causes. The infants natural tendency to chew is also satisfied and helps the lower jaw to grow. More importantly, it is specifically designed for infants to improve the tongue and oral muscle function which assists natural growth of the teeth and jaws.

• Mouth breathing at this age can cause deficient jaw growth, resulting in less room for the teeth and possibly Breathing Disordered Sleep (BDS). The Myochew™ also encourages nasal breathing and the patented tongue tag assists in strengthening the tongue muscles which helps to grow the upper jaw in infants and young children.

• In addition, the teeth are cleaned by the bristles and teething problems are relieved as the 20 primary teeth all erupt into the mouth. Increased saliva flow also assists in preventing tooth decay. To prevent tooth decay, ensure sugar consumption is minimal.

• Use of the Myochew™ can prevent orthodontic problems arising later by optimising natural jaw development.

• Following this age, MRC’s Myobrace® or Infant Trainer™ can be used to continue treatment as required by your Dentist.

CAUTION: The Myochew™ appliance should only be used while the child is under supervision. Do not use while the child is sleeping.
The MyoTalea® Myochew™ is designed for infants (from 4 months) to actively exercise the tongue, lips and jaw muscles to assist the correct development of the teeth and jaws from the time the first teeth are erupting into the mouth. The Myochew™ has the following unique design features:

1. Bristle projections to clean all teeth.
2. Tongue tube to strengthen tongue muscles which helps develop upper jaw.
3. Elliptical air spring base to stimulate natural jaw development.
4. Double arch encourages correct nasal breathing.
5. Teething lug to encourage chewing while teething.
6. Detachable strap to attach to clothing to prevent falling on the floor.
7. Medical grade silicone for comfort and biocompatibility. No latex or phthalates.
8. Can be boiled to sterilise if required.

To assist dental and jaw growth for infants Developing primary dentition 4 months to 2 years of age.

**Step 1:** It is best to allow the infant to pick up the Myochew™ and put it into their mouth by themselves. This is particularly important if you are replacing a pacifier with the Myochew™.

**Step 2:** Allow the child to naturally put the Myochew™ into their mouth, making sure the tongue tube is facing up.

**Step 3:** The infant will naturally chew and exercise the tongue against the tongue tube when the Myochew™ is in place.

**Step 4:** Allow the infant to use the Myochew™ until they remove it themselves or spit it out.

**Step 5:** Attach optional tether to prevent the Myochew™ from falling out of the mouth.

**Step 6:** Clean by rinsing under warm water. Sterilise by placing in boiling water for 10 mins if required.

Clean the Myochew™ appliance under warm running water every time you remove it from the mouth. The Myochew™ can be sterilised in boiling water if required. This may decrease the life of the appliance. Alternately use Myoclean™ tablets to correctly clean twice every week. Ask your health professional about Myoclean™, the recommended cleaning agent for Myochew™.