# myobrace

**FOR KIDS - BROAD** 

mixed Dentition

USE FOR
ONE HOUR
EVERY DAY
AND WHILE
SLEEPING

BROAD



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## What causes orthodontic problems?

The majority of our children will develop crowded teeth and incorrect jaw alignment.

Modern research has shown that mouth breathing, tongue thrusting, reverse swallowing and thumb sucking – known as incorrect myofunctional habits – are the real causes of crooked teeth. These habits limit the development of the child's jaws and face, resulting in orthodontic problems. These causes cannot be corrected with fixed braces.

## Normal vs Crowded teeth

The function of the tongue, cheeks and lips determines tooth position. Optimal facial growth is dependent on correct function and breathing patterns.





CROWDED BROAD ARCH NORMAL BROAD ARCH

NOTE: TOOTH SIZE HAS NOT CHANGED.

## How it works

MRC has pioneered the use of appliances to correct myofunctional habits in growing children and has proven success in orthodontic correction without braces. This treatment can also lead to better facial development in growing children. The key to this treatment is correcting the position and function of the tongue, obtaining correct nasal breathing and retraining the oral muscles to function correctly.

Myobrace® appliances effectively train the tongue to position correctly in the upper jaw, retrain oral musculature and exert light forces to align the teeth.

#### Goals of treatment:

- Lips together at all times except when speaking or eating.
- Breathe through the nose to assist the development of the upper and lower jaws, and to achieve the correct bite.
- No lip activity when swallowing, which allows the front teeth to develop correctly.
- Improved dental alignment.
- Improved facial development.

For the *Myobrace*® to work, you must correct your poor myofunctional habits.



Breathing awareness



Correct swallowing pattern



Correct tongue resting position

## Myobrace® for Kids - Broad

The Myobrace® for Kids – Broad appliance series is a three-stage system with a specialised archform for specific genetic and racial groups. The system is designed to correct poor oral habits while developing the upper and lower jaws to the correct shape, allowing the teeth to align into their natural position. Myobrace® for Kids - Broad is best used after the permanent front teeth have come through and before all adult teeth have developed at ages 12 and older.

**Myobrace**® **for Kids Broad** - design features Stage three - final alignment and retention.

Firm construction - provides excellent tooth alignment and retention

Patented Broad design - specifically for broader arch forms.

Large hollow tongue tag, tongue guard and elevators train the tongue to sit in final correct position.

Extended lip bumper

- discourages strong, overactive lip muscles.



### Directions for use:

Use your *Myobrace*® appliance for one to two hours each day plus overnight while sleeping.

Your teeth may become slightly sensitive in the early stages of treatment. This is quite normal, but if pain becomes excessive, decrease application time and advise your doctor.



**Step 1** – Hold the *Myobrace*® with the tongue tag facing up.



**Step 2** – Place the *Myobrace*® into your mouth.



**Step 3** – Keep your tongue positioned on the tongue tag.



**Step 4** – Close down on the *Myobrace*® and feel it working to align your front teeth and jaws.



**Step 5** – Keep your lips together and breathe through your nose.

Do not chew on your Myobrace®!

> USE FOR ONE HOUR EVERY DAY AND WHILE SLEEPING

May fall out at night while sleeping in initial stages of treatment. If this happens increase daytime use.

## Indications for use

The Myobrace® for Kids – Broad is a three-stage appliance system designed specifically to correct poor oral habits and improve upper and lower jaw development problems in children with broad archforms.

The appliances correct poor myofunctional habits which are the cause of crooked teeth, while providing light forces to assist in expanding the upper jaw and aligning the teeth into their correct position.

#### Treatment considerations

Treatment time can differ depending on the biological adaptability and compliance of each patient. The *Myobrace®* appliance must be used daily for a successful outcome. Regular monitoring by your dentist or orthodontist is essential for successful treatment and to avoid unwanted treatment complications.

Cleaning your *Myobrace*®: Clean your *Myobrace*® appliance under warm running water every time you remove it from your mouth. Use *Myoclean*™ tablets to correctly clean twice every week. Ask your doctor or dental therapist about *Myoclean*™, the recommended cleaning agent for all *Myobrace*® appliances.

## **CAUTION:** USE ONLY UNDER THE SUPERVISION OF A LICENSED ORTHODONTIST OR DENTIST.

Lifetime use: 6 months based on everyday wear. Replace after 12 months regardless of wear time.



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