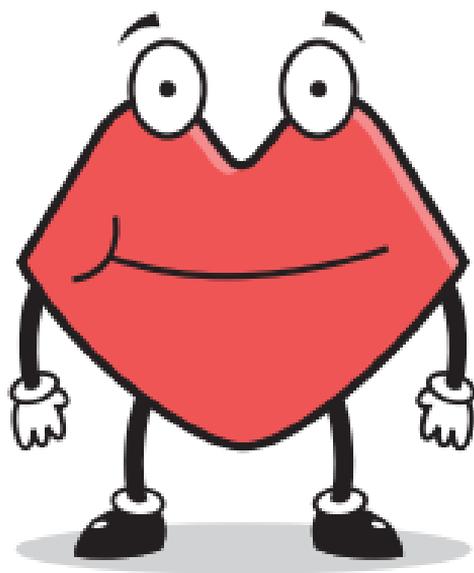


myo**TALEA**[®]
TONGUE AND LIP
EXERCISE APPLIANCE

**Lip seal
trainer.**



**IMPROVES LIP
SEAL**



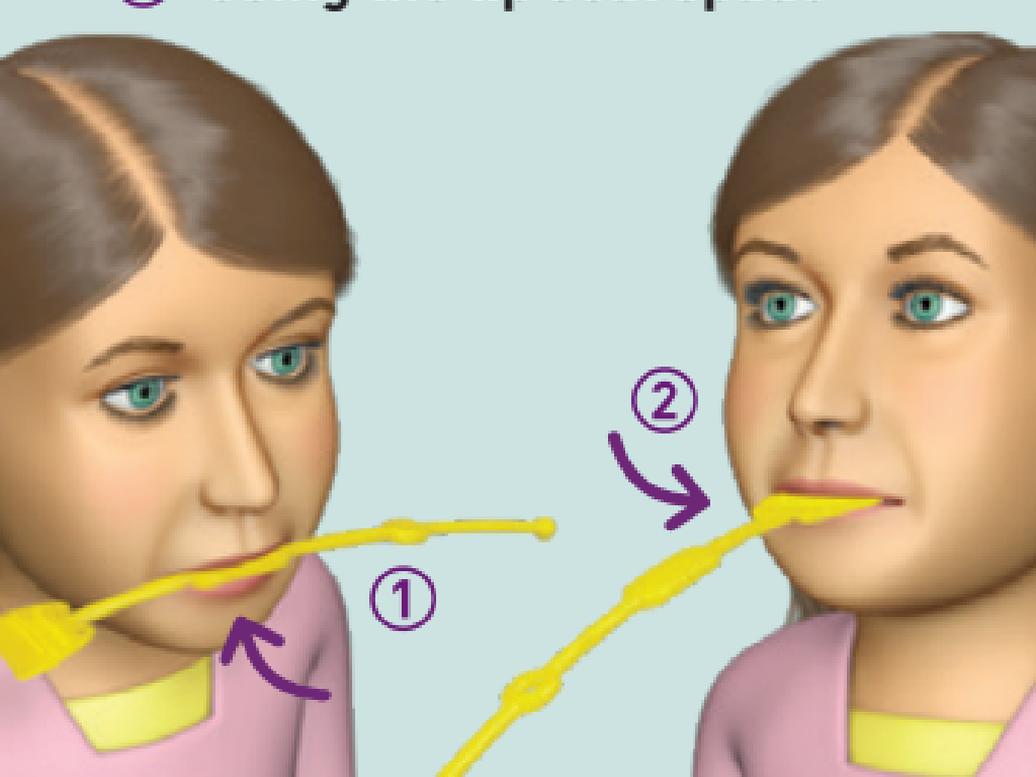
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Multi-use of the Lip Seal Trainer

The *Lip Seal Trainer* assists in training the lips to stay together and improve lip strength. This is essential for the correction of chronic mouth breathing. For children with poor lip seal and open mouth posture, the device includes features which allow progression of lip competency. The training board feature can be used as a starting point for the first month before progressing to the lip seal spade.

- ① Using the training board
- ② Using the lip seal spade



Lip Seal Trainer indications for use

It is recommended that the *Lip Seal Trainer* is firstly used in combination with the *Myobrace*® appliance.

- 1 Place the *Lip Seal Trainer* between the lips with the end touching the *Myobrace*® appliance then lightly close the lips enough to hold it in place. Continue this for 10 minutes while you are wearing the *Myobrace*® appliance.
- 2 Remove the *Myobrace*® appliance and use the *Lip Seal Trainer* on its own for another 2 minutes. Combine with 5 minutes of *Lip Trainer*™ use, twice daily, or as instructed by your practitioner.

These instructions may vary based on your individual needs as indicated by your practitioner.

The *Lip Seal Trainer* is used with *The Myobrace® System* by MRC

Modern research has shown that mouth breathing, incorrect tongue position and swallowing habits cause misaligned teeth and poor jaw development. One of the most important ways to correct this is by keeping the lips together and breathing through the nose. Although *The Myobrace® System* addresses those habits, most children will require additional exercises to achieve these treatment goals.

Correct jaw development requires the lips to stay together.

The *Lip Seal Trainer* teaches the lips to stay together at all times when not speaking.

Cleaning your *Lip Seal Trainer*: Run your *Lip Seal Trainer* under warm water every time you remove it from your mouth and allow it to dry. We recommend using *Myoclean™* tablets for all your oral appliances twice a week. Ask your practitioner about *Myoclean™*.

CAUTION: CHILDREN MUST BE SUPERVISED BY AN ADULT WHEN USING THE *LIP SEAL TRAINER*.

Lifetime use: 6 months based on everyday wear. Replace after 12 months regardless of wear time. At the first signs of appliance cracking, damage or discolouration, speak to your health practitioner.



MYOFUNCTIONAL RESEARCH CO.

INNOVATIVE DENTAL APPLIANCE TECHNOLOGY AND EDUCATION



Myotalea® by Myofunctional Research Co.

Myofunctional Research Co. Australia

44 Siganto Drive,
Helensvale QLD 4212 Australia
Tel: +61 7 5573 5999

USA Representative:

Myofunctional Research Co. USA
9267 Charles Smith Avenue,
Rancho Cucamonga CA 91730 USA
PO Box 2781,
Rancho Cucamonga CA 91730 USA
Tel: +1 866 550 4696



Europe Representative:

Myofunctional Research Europe B.V.
Gompenstraat 21c
5145 RM Waalwijk The Netherlands
P.O. Box 718,
5140 AS Waalwijk The Netherlands
Tel: +31 416 651 696



SINGLE PATIENT
MULTIPLE USE



KEEP OUT
OF DIRECT
SUNLIGHT



CLEAN
BEFORE USE