

myoTAREA®

# myc&chew™

## Orthodontic Chewing Brush

**For children 2-8 years**

Encourages nasal breathing and improves oral muscle function to assist dental and jaw development.



ALSO  
SUITABLE FOR  
SPECIAL NEEDS  
CHILDREN



USE TWICE  
DAILY FOR  
10-15 MINS



TONGUE, LIPS & JAW EXERCISER

# myc&chew™

## Orthodontic Chewing Brush

[www.myoresearch.com](http://www.myoresearch.com)

2-8 YEARS

myoTAREA®

## Understanding the problem

As a consequence of our soft diets, many children lack the required chewing to develop adequate strength in their jaws. In addition, mouth breathing and weak, incorrectly functioning oral muscles are a very common problem that, if left untreated, can lead to poorly developed jaws, increasing the likelihood of crowded teeth and orthodontic issues.

Since these problems worsen over time, it is important to intervene early by actively training the chewing muscles and encouraging nasal breathing, while improving the strength and function of the oral muscles. Establishing these correct habits not only assists dental and jaw development, but also promotes better overall health by discouraging mouth breathing.

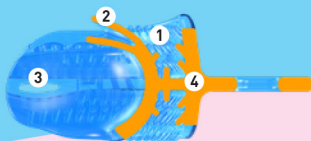
## Myotalea® Myochew™

The *Myotalea® Myochew™* is designed to actively promote chewing in children aged two to eight in order to improve the strength of the jaw muscles, while encouraging nasal breathing and exercising of the tongue. It also incorporates bristles to help clean the teeth. It is an excellent addition to the *Myobrace®* and *Myosa®* appliances, which specialise in correcting breathing and oral muscle problems. The *Myochew™* serves as an engaging yet effective way to help children build strength in the muscles of the tongue and jaw, while encouraging healthier breathing habits.



## Myochew™ - Design Features

- |   |   |   |
|---|---|---|
| <b>1 Bristle Projections -</b><br>To clean the teeth. | <b>2 Tongue Tube -</b><br>To strengthen the tongue.       | <b>3 Air Spring Base -</b><br>Stimulates jaw development. |
| <b>4 Double Arch -</b><br>Encourages nasal breathing. | <b>5 Teething Lug -</b><br>Allows chewing while teething. | <b>6 Detachable Strap -</b> Prevents falling on floor.    |



## Special needs children

Special needs children are particularly susceptible to mouth breathing, weak jaw muscles, a poorly functioning tongue, as well as issues with oral hygiene. Traditionally, any intervention to help correct these problems has been difficult. The *Myochew*™ is highly beneficial for these children as it provides them with an engaging way to clean their teeth and promote nasal breathing, while helping to improve the strength and function of their jaw and oral muscles.



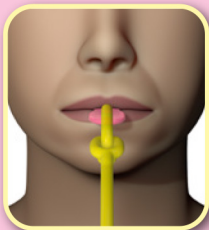
## Instructions for use



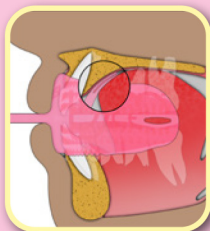
**Step 1** - Hold the *Myochew*™ appliance with the tongue tube facing up.



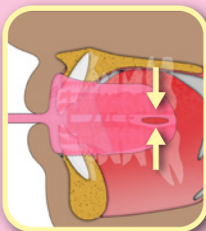
**Step 2** - Place the *Myochew*™ appliance into your own mouth.



**Step 3** - Keep your lips together and breathe through your nose.



**Step 4** - Squeeze the tongue press tube with your tongue repeatedly.



**Step 5** - Gently chew and compress the air spring base repeatedly.

Once complete, rinse under warm water and leave out to dry!

The **Myotalea® Myochew™** is designed for children aged two to eight and encourages nasal breathing while improving the functional of the oral muscles, plus assists in cleaning the teeth with in-built bristles. The **Myochew™** is also suitable for special needs children who require improvement of their breathing, tongue function and oral hygiene.

The appliance provides children with an enjoyable and effective way of correcting these problems to assist dental and jaw development, while improving overall health by discouraging mouth breathing.

### Benefits of the **Myochew™**:

- Simple and effective way of improving breathing, oral muscles and oral hygiene;
- User-friendly appliance for children of various ages;
- Suitable for special needs children;
- Made from medical grade silicone to provide superior comfort and optimum biocompatibility.

**Cleaning your **Myochew™**:** Run your **Myochew™** appliance under warm water every time you remove it from your mouth. It can also be boiled after use for enhanced cleaning. We recommend using **Myoclean™** tablets for a thorough cleaning of all of your oral appliances twice per week. Ask your practitioner about **Myoclean™**.

**CAUTION: The **Myochew™** appliance should only be used while your child is under supervision and according to the directions for use. It is not to be used while the child is sleeping.**



**Myotalea® by Myofunctional Research Co.**  
**Myofunctional Research Co. Australia**  
44 Siganto Drive, Helensvale QLD 4212 Australia  
Tel: +61 7 5573 5999

**USA Representative:**  
**Myofunctional Research Co. USA**  
9267 Charles Smith Avenue, Rancho Cucamonga CA 91730 USA  
PO Box 2781, Rancho Cucamonga CA 91730 USA  
Tel: +1 866 550 4696

**European Representative:**  
**Myofunctional Research Europe B.V.**  
Gompensstraat 21c 5145 RM Waalwijk The Netherlands  
P.O. Box 718, 5140 AS Waalwijk The Netherlands  
Tel: +31 416 651 696

*Single Patient Use.*



**MYOFUNCTIONAL  
RESEARCH CO.**  
INNOVATIVE DENTAL APPLIANCE  
TECHNOLOGY AND EDUCATION

