

myoTAREA®

# mycchew™

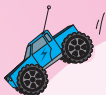
## Orthodontic Chewing Brush

For children 2-8 years

Encourages nasal breathing and improves oral muscle function to assist dental and jaw development



ASSISTS  
WITH TEETH  
CLEANING



USE TWICE  
DAILY FOR  
10-15 MINS

TONGUE, LIPS & JAW EXERCISER

# mycchew™

## Orthodontic Chewing Brush

[www.myoresearch.com](http://www.myoresearch.com)

2-8 YEARS

myoTAREA®

# myochew™ Orthodontic Chewing Brush

## Understanding the problem

As a consequence of our soft diets, many children lack the required chewing to develop adequate strength in their jaws. In addition, mouth breathing and weak, incorrectly functioning oral muscles are a very common problem that, if left untreated, can lead to poorly developed jaws, increasing the likelihood of crowded teeth and orthodontic issues.

Since these problems worsen over time, it is important to intervene early by actively training the chewing muscles and encouraging nasal breathing, while improving the strength and function of the oral muscles. Establishing these correct habits not only assists dental and jaw development, but also promotes better overall health by discouraging mouth breathing.

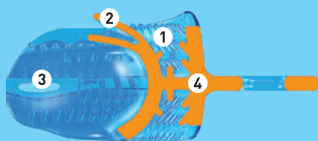


## Myotalea® Myochew™

The *Myotalea*® *Myochew*™ is designed to actively promote chewing in children aged two to eight in order to improve the strength of the jaw muscles, while encouraging nasal breathing and exercising of the tongue. It also incorporates bristles to help clean the teeth. It is an excellent addition to the *Myobrace*® and *Myosa*® appliances, which specialise in correcting breathing and oral muscle problems. The *Myochew*™ serves as an engaging yet effective way to help children build strength in the muscles of the tongue and jaw, while encouraging healthier breathing habits.

## Myochew™ - Design Features

- 1 Bristle projections** to clean the teeth.
- 2 Tongue tube** to strengthen the tongue.
- 3 Air spring base** stimulates jaw development.
- 4 Double arch** encourages nasal breathing.
- 5 Strap tether** to attach the *Lip Seal Trainer*.
- 6 Lip Seal Trainer** appliance.



myochew™

## Specialised support

The *Myochew*<sup>TM</sup> is highly beneficial for children who are particularly susceptible to mouth breathing, oral muscle weakness, or an inability to clean their teeth effectively. Its innovative design allows it to be tailored to address the unique needs of these patients in a simple and engaging way. Additionally, it contributes to enhancing the strength and functionality of the oral muscles, while the specialised bristles play a role in promoting oral hygiene.



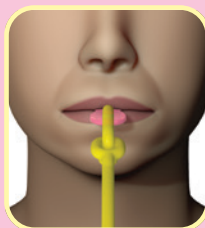
## Instructions for use



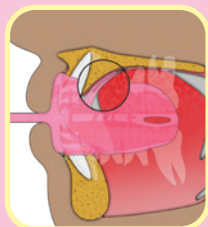
**Step 1** – Hold the *Myochew*<sup>TM</sup> appliance with the tongue tube facing up.



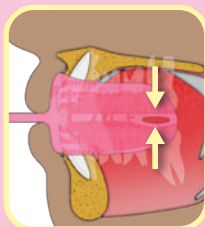
**Step 2** – Place the *Myochew*<sup>TM</sup> appliance into your mouth.



**Step 3** – Keep your lips together and breathe through your nose.



**Step 4** – Squeeze the tongue tube with your tongue repeatedly.



**Step 5** – Gently chew and compress the air spring base repeatedly.

Once complete, rinse under warm water and leave out to dry!

The **Myotalea® Myochew™** is designed for children aged two to eight and encourages nasal breathing while improving the function of the oral muscles, plus assists in cleaning the teeth with built-in bristles. The **Myochew™** is also suitable for specific groups of children who face challenges related to mouth breathing, oral muscle strength and dental hygiene.

The appliance provides children with an enjoyable and effective way of correcting these problems to assist with dental and jaw development, while improving overall health by discouraging mouth breathing.

## Benefits of the **Myochew™**:

- Simple and effective way of improving breathing, oral muscles and oral hygiene;
- User-friendly appliance for children of various ages;
- Assists children who are particularly susceptible to mouth breathing, poor dental hygiene or weak oral muscles;
- Made from soft, flexible silicone to provide superior comfort and optimum biocompatibility.

**Cleaning your **Myochew™**:** Run your **Myochew™** appliance under warm water every time you remove it from your mouth. We recommend using **Myoclean™** tablets for all of your oral appliances twice a week. Ask your practitioner about **Myoclean™**.

**CAUTION: The **Myochew™** appliance should only be used while your child is under supervision and according to the directions for use. It is not to be used while the child is sleeping.**



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**MYOFUNCTIONAL  
RESEARCH CO.**

INNOVATIVE DENTAL APPLIANCE  
TECHNOLOGY AND EDUCATION



SINGLE PATIENT  
MULTIPLE USE



KEEP OUT  
OF DIRECT  
SUNLIGHT



CLEAN  
BEFORE USE